



Support • Inform • Signpost • Empower



## Tea & Talk Parent Carer Support Group

Join us for a cuppa and an informal chat about anything SEND.

Members and non-members are welcome

### 9:30am - Discussion with the Bexley Voice Team

Useful tips on sensory issues and what may help your children and young people.

In recognition of Carers Week, we have a yoga teacher who has kindly offered to do a 15 minute session of chair yoga to help you to feel relaxed. (Not compulsory!)

### 10:30am - Bexley Voice Updates

#### 1-1 Appointments available with:

- Kate Courtney, Designated Clinical Officer SEND
- Kara Lee, CEO, Bexley Mencap
- Danny Graham, Benefits Advisor from DWP
- Dennis Mlambo, Speech and Language Therapist from Oxleas

#### Case Officer Team 1-1 bookings:

- Liam Bradbury-Sparvell, Case Officer for LSEC
- Esther Welsh, Case Officer for LECB
- Angela Feeney, Case Officer Manager

[www.bexleyvoice.org.uk](http://www.bexleyvoice.org.uk)

**Tuesday 10th June 25**

**The Danson Youth Centre  
Brampton Road  
Bexleyheath  
DA7 4EZ**

**9:30am-12:30pm**

- Come to all or part of the morning
- No need to book just come along
- Speak directly to the Bexley Voice Team

Advance booking only necessary for 1-1 sessions

To request a 1-1 slot go to:

**<https://bit.ly/3YXlkdY>**

or scan the QR code for more information:

