



Support • Inform • Signpost • Empower



Neurodiversity Pre-Diagnosis

Do you think your child may be neurodiverse?

Neurodiversity is a word used to explain the unique ways people's brains work. While everyone's brain develops similarly, no two brains function just alike. Being neurodivergent means having a brain that works differently from the average or "neurotypical" person.

You may be on the pathway to diagnosis or just questioning. Come to our workshop (focusing on ASD and ADHD) to find out more.

We will cover:

- Sensory sensitivities
- Masking/burnout
- Pathways to diagnosis
- SEN Support/EHCPs
- Signposting for parents
- Questions and answers

www.bexleyvoice.org.uk

Health Workshop

Various dates and times are available.

Workshops will be held at:
The Danson Youth Centre
Bexleyheath, DA7 4EZ
or
Online, via MS TEAMS

See our Events Calendar
<https://bexleyvoice.org.uk/calendar/>
for the full range of workshops.

Our free health workshop series provide Bexley Voice members with the opportunity to get information and gain new skills relating to your child or young person's condition (pre- and post-diagnosis). You will access peer parent-to-parent insights, feel less isolated, increase resilience and have more strategies to cope.

Advance booking required
at:https://forms.office.com/e/MrUaf_sUHGX

or scan the QR code:

