



Support • Inform • Signpost • Empower



## Autism Post Diagnosis

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- Has your child been diagnosed with autism in the last 12 months?
- Join us to find out more about autistic behaviours and strategies to help
- Find out about local resources and services available to you

The workshops are co-presented by Karen Upton, a retired Bexley GP and Stacey Yusuf from Bexley Voice, who both have vast lived experience.

Under age 12 and over age 12 workshops are available, face-to-face and online.

[www.bexleyvoice.org.uk](http://www.bexleyvoice.org.uk)

### Health Workshop

#### Various dates available

##### Venue:

Learning and Enterprise College  
Bexley or  
The Danson Youth Centre  
**or online via**  
MS TEAMS

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Our free health workshop series provide Bexley Voice members with the opportunity to get information and gain new skills relating to your child or young person's condition (pre- and post-diagnosis). You will access peer parent-to-parent insights, feel less isolated, increase resilience and have more strategies to cope.

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Advance booking required  
at: <https://forms.cloud.microsoft/e/k99pjZ3e5e>

or scan the QR code:

