



Support • Inform • Signpost • Empower



Autism Post Diagnosis

- Has your child been diagnosed with autism in the last 12 months?
- Join us to find out more about autistic behaviours and strategies to help
- Find out about local resources and services available to you

The workshops are co-presented by Karen Upton, a retired Bexley GP and Stacey Yusuf from Bexley Voice, who both have vast lived experience.

Under age 12 and over age 12 workshops are available, face-to-face and online.

www.bexleyvoice.org.uk

Health Workshop

Various dates available

Venue:

Learning and Enterprise College
Bexley
or online via
MS TEAMS

Our free health workshop series provide Bexley Voice members with the opportunity to get information and gain new skills relating to your child or young person's condition (pre- and post-diagnosis). You will access peer parent-to-parent insights, feel less isolated, increase resilience and have more strategies to cope.

Advance booking required at:
<https://forms.office.com/e/gXUUBe7auU>

or scan the QR code:

