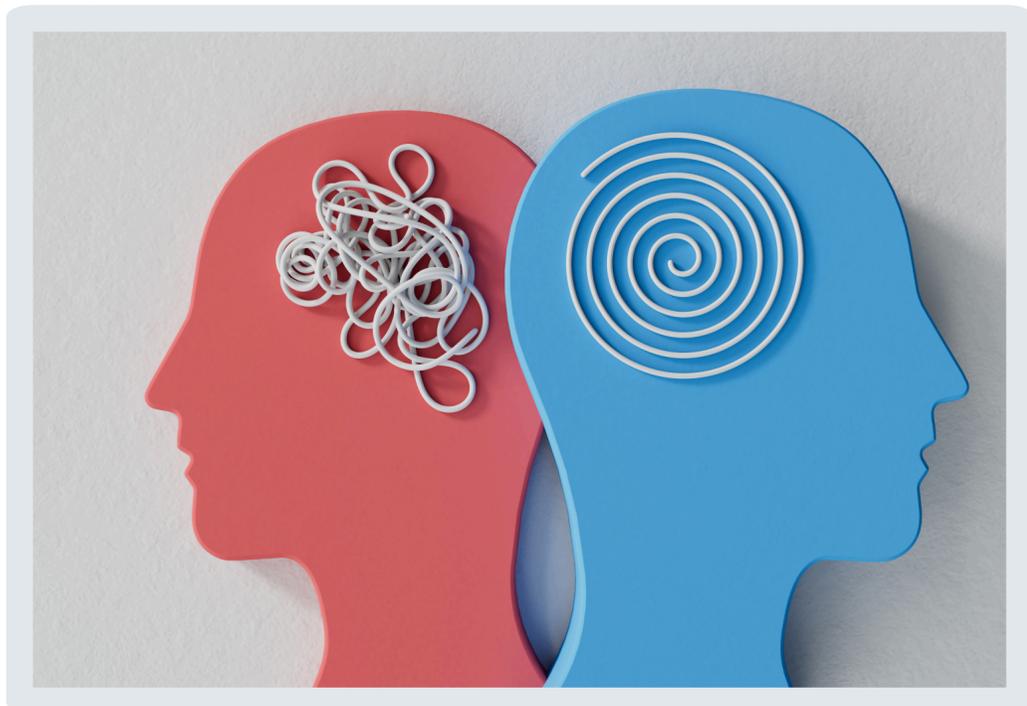




Support • Inform • Signpost • Empower



## Access to Adult Mental Health Services

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This workshop is aimed at parents and carers of young people aged 14 and over, with SEND, who want to find out more about accessing adult mental health services.

The workshop will:

- Provide an overview of the transition process from CAMHS to adult mental health services
- Explain the pathways for transition
- Outline how to access adult mental health services post-18
- Signpost to additional sources of support

The session will be presented by Maddy McCarthy, Bexley CAMHS Operational Manager and Munya Mangundu, Service Manager, Bexley Adults Community Mental Health.

[www.bexleyvoice.org.uk](http://www.bexleyvoice.org.uk)

## Preparing for Adulthood

Wednesday 29<sup>th</sup> April 26

10am-11:30am

Online via MS TEAMS

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Our free Preparing for Adulthood workshop series provides Bexley Voice members with the opportunity to get information for their young people in Years 8/9 to age 25, who are preparing for adulthood, which includes information about: education, health and social care, employment, finance and benefits.

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Advance booking is required at:

<https://bexleyvoice.org.uk/calendar/item/59626551>

or scan the QR code:

